Showering Routine

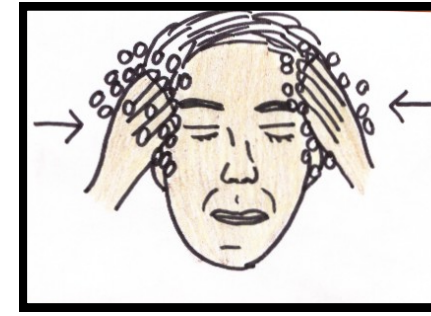**Get Wet**
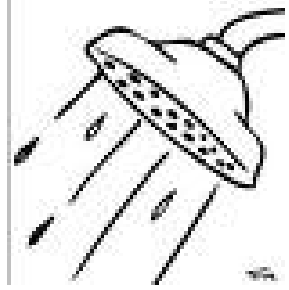
Put shampoo in hand

Wash top of hair

Wash sides of hair

Wash back of hair
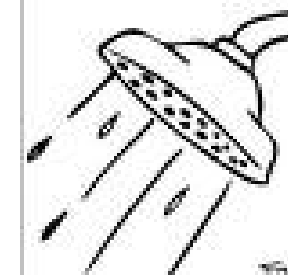
Rinse hair
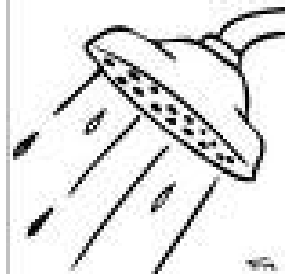
Put conditioner
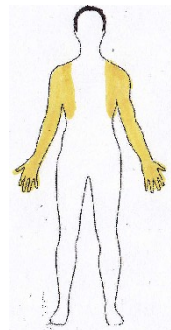
Rinse hair
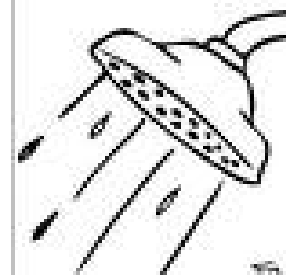
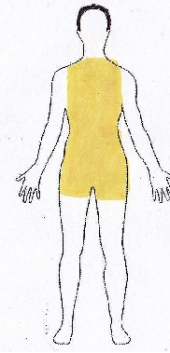**Put soap on hands**
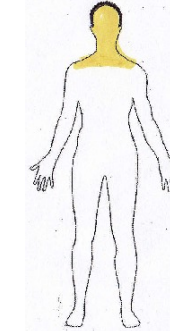
Wash face
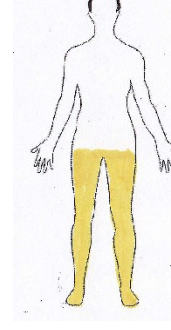
Rinse face

Put soap on cloth

Wash arms & armpits
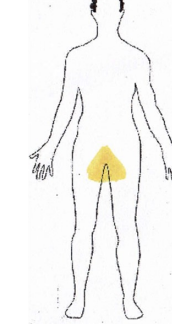
Wash chest & stomach

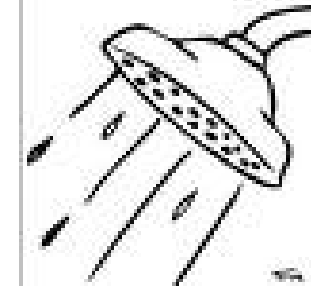**Put soap on cloth**
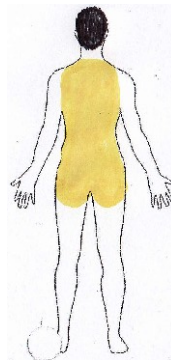
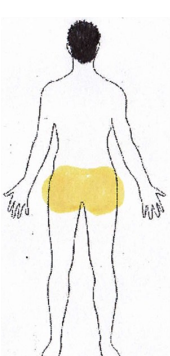Wash legs & feet

Wash private parts

Rinse body

Put soap on cloth

Wash back

Wash bum

Put soap on

Wash back of legs & bottom of feet

Rinse body